

# <u>COURSE OVERVIEW HE0728(AF1)-4D</u> <u>Essential Food Safety Training & Certification</u> <u>(EFST Program)</u>

### **Course Title**

Essential Food Safety Training & Certification (EFST Program)

Course Reference HE0728(AF1)-4D

Course Duration/Credits Four days/2.4 CEUs/24 PDHs

## Course Date/Venue



Session(s)	Date	Venue
1	January 15-18, 2024	Boardroom 1, Elite Byblos Hotel Al Barsha, Sheikh Zayed Road, Dubai, UAE
2	March 04-07, 2024	Club B Meeting Room, Ramada Plaza by Wyndham Istanbul City Center, Istanbul, Turkey
3	June 03-06, 2024	Al Aziziya Hall, The Proud Hotel Al Khobar, Al Khobar, KSA
4	September 02-05, 2024	Fujairah Meeting Room, Grand Millennium Al Wahda Hotel, Abu Dhabi, UAE

#### **Course Description**



#### This practical and highly-interactive course includes real-life case studies and exercises where participants will be engaged in a series of interactive small groups and class workshops

Safe food is food that is free of contaminants. Food safety involves all the measures necessary to ensure the safety and wholesomeness of food at all stages from receipt of raw materials to sale to the customer.

This course is designed to provide a broad understanding of the principles of food hygiene and food safety systems and how to make the best use of them in terms of food handling. It will equip participants with the ability to develop, implement, and manage effective food safety management system. The course will cover hazards to food safety; the factors affecting food-borne illness; food safety regulations; food purchasing, receiving and storage; food preparing, holding, serving, reheating and facility plan.

This course formulates a key pillar in the capacity building of food handlers to learn about food safety matters (i.e. statuses in force, food business operator responsibility, role of food inspector, food borne diseases and cross contamination, safe food handling methods, food establishment good hygienic & manufacturing practices and, in advanced phases, food safety systems).



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## **Course Objectives**

Upon the successful completion of this course, each participant will be able to:-

- Apply and gain a comprehensive understanding of food hygiene and food safety
- Enumerate the key pillars of food handling such as cleaning, cooking, reheating, chilling and freezing
- Evaluate the causes and effects of cross contamination & carryout ways to avoid or prevent it
- Employ safety procedures within the food handling environment
- Identify the physical, chemical and biological hazards related to food handling & safety

# **Exclusive Smart Training Kit - H-STK**®



Participants of this course will receive the exclusive "Haward Smart Training Kit" (H-STK<sup>®</sup>). The H-STK<sup>®</sup> consists of a comprehensive set of technical content which includes electronic version of the course materials, sample video clips of the instructor's actual lectures & practical sessions during the course conveniently saved in a **Tablet PC**.

# Who Should Attend

This course provides an overview of all significant aspects and considerations of essential food safety for those who may be involved in the support or implementation of food handling, food safety or quality management system, managers or other personnel of food and beverage-related companies who wish to implement proper food safety management system within their organization will also significantly benefit from this course and food safety auditors and consultants.

### Training Methodology

All our Courses are including **Hands-on Practical Sessions** using equipment, State-of-the-Art Simulators, Drawings, Case Studies, Videos and Exercises. The courses include the following training methodologies as a percentage of the total tuition hours:-

#### 30% Lectures

- 20% Practical Workshops & Work Presentations
- 30% Hands-on Practical Exercises & Case Studies
- 20% Simulators (Hardware & Software) & Videos

In an unlikely event, the course instructor may modify the above training methodology before or during the course for technical reasons.

### **Accommodation**

Accommodation is not included in the course fees. However, any accommodation required can be arranged at the time of booking.



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# Course Certificate(s)

Internationally recognized certificates will be issued to all participants of the course who completed a minimum of 80% of the total tuition hours.

## **Certificate Accreditations**

Certificates are accredited by the following international accreditation organizations: -

<u>The International Accreditors for Continuing Education and Training</u> (IACET - USA)

Haward Technology is an Authorized Training Provider by the International Accreditors for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this authority, Haward Technology has demonstrated that it complies with the **ANSI/IACET 2018-1 Standard** which is widely recognized as the standard of good practice internationally. As a result of our Authorized Provider membership status, Haward Technology is authorized to offer IACET CEUs for its programs that qualify under the **ANSI/IACET 2018-1 Standard**.

Haward Technology's courses meet the professional certification and continuing education requirements for participants seeking **Continuing Education Units** (CEUs) in accordance with the rules & regulations of the International Accreditors for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. The CEU is an internationally accepted uniform unit of measurement in qualified courses of continuing education.

Haward Technology Middle East will award **2.4 CEUs** (Continuing Education Units) or **24 PDHs** (Professional Development Hours) for participants who completed the total tuition hours of this program. One CEU is equivalent to ten Professional Development Hours (PDHs) or ten contact hours of the participation in and completion of Haward Technology programs. A permanent record of a participant's involvement and awarding of CEU will be maintained by Haward Technology. Haward Technology will provide a copy of the participant's CEU and PDH Transcript of Records upon request.

• **\*\***\* \* **BAC** 

# British Accreditation Council (BAC)

Haward Technology is accredited by the **British Accreditation Council** for **Independent Further and Higher Education** as an **International Centre**. BAC is the British accrediting body responsible for setting standards within independent further and higher education sector in the UK and overseas. As a BAC-accredited international centre, Haward Technology meets all of the international higher education criteria and standards set by BAC.



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## Course Instructor(s)

This course will be conducted by the following instructor(s). However, we have the right to change the course instructor(s) prior to the course date and inform participants accordingly:



Mr. Douglas Robinson is currently the President of DSR Consulting. He is a Facilitator and Consultant of Food & Beverage with over 35 years of experience in industry. His wide experience and expertise cover Food and Safety Management, Hazard Analysis of Critical Control Points (HACCP), Food Hygiene, Food Sampling, Food **Risk Analysis** Quality Management, ISO Standards, Microbiology and **Food** &

Pharmaceutical Technology. He is a Registered Assessor of Food & Beverage and Quality Management.

Mr. Robinson facilitated in-house skills development programmes in a lot of companies worldwide and has extensive consulting experience in both public and private sectors with knowledge assessments and practical workplace assessments on food & beverage, HACCP, microbiology, Food & Pharmaceutical technology, food safety and quality, manufacturing principles, systems, production and project management.

During his long career life, Mr. Robinson worked for many International companies such as Tiger Foods Brands, National Foods, Premier Foods, Unilever, Nestle's, SAB Miller, Mondi Manufacturing, Mondi Forests, Masonite Africa, Frame etc.

Mr. Robinson has a Master degree in Business Administration (MBA) from the University of Durban-Westville, a Bachelor degree with Honors in Business Management and Administration and Diplomas in Medical Technology, Marketing Management, Business Management and Project Management from the University of Rhodesia and from the Damelin Management School respectively. Further, he is a Certified Instructor/Trainer, a Certified Trainer/Assessor by the Institute of Leadership & Management (ILM), an active member of international professional affiliations and delivered innumerable trainings, courses, workshops and seminars globally.

# **Course Fee**

Dubai	<b>US\$ 4,500</b> per Delegate + <b>VAT</b> . This rate includes H-STK <sup>®</sup> (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.
Istanbul	<b>US\$ 5,000</b> per Delegate + <b>VAT</b> . This rate includes Participants Pack (Folder, Manual, Hand-outs, etc.), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.
Al Khobar	<b>US\$ 4,500</b> per Delegate + <b>VAT</b> . This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.
Abu Dhabi	<b>US\$ 4,500</b> per Delegate + <b>VAT</b> . This rate includes H-STK <sup>®</sup> (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.



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## Course Program

The following program is planned for this course. However, the course instructor(s) may modify this program before or during the course for technical reasons with no prior notice to participants. Nevertheless, the course objectives will always be met:

Day 1	
0730 – 0800	Registration & Coffee
0800 - 0815	Welcome & Introduction
0815 - 0830	PRE-TEST
0830 - 0930	Introduction to Food Safety & Food PremisesImportance of Food Safety • Common Food Hazards • IndividualResponsibility • Good Hygiene Practices
0930 - 0945	Break
0945 - 1100	Responsible Persons on Food SafetyStatuses in Force • Food Business Operator Responsibility • Role of FoodInspector • Role of Food Inspection • Government Intervention
1100 – 1230	Food Handling Key Pillars
1230 - 1245	Break
1245 - 1420	Video & Case Study/Workshop
1420 - 1430	<b>Recap</b> Using this Course Overview, the Instructor(s) will Brief Participants about the Topics that were Discussed Today and Advise Them of the Topics to be Discussed Tomorrow
1430	Lunch & End of Day One

#### Day 2

Day Z	
0730 - 0900	Cleaning
	Cleaning Food Surfaces • Cleaning Refrigerators • Hand Contact Surfaces
0900 - 0915	Break
0915 - 1015	Cleaning (cont'd)
0915 - 1015	Low Risk Surfaces ● Clean & Clear as You Go ● Maintenance
1015 – 1115	Cooking Safely
1015 - 1115	Cooking • Visual Checks • Temperature Probes
1115 – 1230	Cooking Safely (cont'd)
1115 - 1250	Hot Holding • Re-Heating
1230 - 1245	Break
1245 - 1420	Video & Case Study/Workshop
	Recap
1420 - 1430	Using this Course Overview, the Instructor(s) will Brief Participants about
1420 - 1430	the Topics that were Discussed Today and Advise Them of the Topics to be
	Discussed Tomorrow
1430	Lunch & End of Day Two

#### Day 3

Duy 5	
0730 - 0900	<i>Chilling Safely</i> <i>Chilled Storage</i> • <i>Chilled Display</i>
0900 - 0915	Break
0915 - 1015	<i>Chilling Safely (cont'd)</i> <i>Chilling Food with a Blast Chiller Options for Chilling Food</i>
1015 – 1115	<b>Chilling Safely (cont'd)</b> Freezing • Defrosting



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1115 – 1230	<i>Cross Contamination &amp; Its Prevention</i> <i>Microbial</i> • <i>Causes &amp; Prevention</i> • <i>Protective Clothing</i> • <i>Personal Hygiene</i> <i>Practices</i> • <i>Hand Washing</i> • <i>Pest Control</i> • <i>Separation</i> • <i>Cloths</i> • <i>High</i> <i>Risk Surfaces</i> • <i>Food Borne Diseases</i>
1230 - 1245	Break
1245 - 1420	Video & Case Study/Workshop
1420 - 1430	<b>Recap</b> Using this Course Overview, the Instructor(s) will Brief Participants about the Topics that were Discussed Today and Advise Them of the Topics to be Discussed Tomorrow
1430	Lunch & End of Day Three

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Day +	
0730 - 0900	Physical, Chemical, & Biological Hazards
0900 - 0915	Break
0915 – 1100	Food Establishment, Good Hygiene & Manufacturing Practices
1100 – 1230	Food Establishment, Good Hygiene & Manufacturing Practices
1100 - 1250	(cont'd)
1230 - 1245	Break
1245 - 1345	Food Safety Systems
	Course Conclusion
1345 - 1400	Using this Course Overview, the Instructor(s) will Brief Participants about
	the Course Topics that were Covered During the Course
1400 – 1415	POST-TEST
1415 – 1430	Presentation of Course Certificates
1430	Lunch & End of Course

# Practical Sessions

This practical and highly-interactive course includes real-life case studies and exercises:-



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